



Reflections – practice

1. *“I need you to go clean that area up and get things prepped.”*

2. *“You’re not in charge, quit telling me what to do.”*

3. *“I was told that if I came here you would help me with transportation and give me a job.”*

4. *“I don’t have a problem getting along with people, other people have a problem with me.”*

5. *“If this doesn’t work out I need something to fall back on.”*

6. *“I’ve really been struggling lately and not doing very well.”*

7. *“That’s easy for you – you don’t live my life, you don’t have my history, you don’t know what it is like to be me.”*

8. *“I’m sorry, but this does not make sense to me, and you saying the same thing over and over is not helping me understand.”*

9. *“I need you to go do the meal prep.”*

10. *“That’s not how you are supposed to use gym time.”*
