Reflections Practice

Small Group

"I can't leave I can't. I have nowhere to go, I literally have nothing. CPS is always there, but nothing ever changes. I wish there were options, but there aren't. I am so tired of being afraid all the time."		
	for you to say - you don't live my life, you don't live with my family	γ,
crap being	o clue what it's like for me. You don't have to deal with all of the forced on me. No one cares what I want, they all just want to life."	
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I reel worthless. I was too weak to leave the situation I let it happen to me. And it appened more than once. I should have said something, I should have done omething, but I didn't. And I can't forget about it either, that's what sucks: I can't hange anything and I can't stop thinking about it."	' L
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I'm tired of being played. I've got people saying you gotta be here you gotta be here do this do that you know, sometimes I think it would be easier if I just illed myself. Seriously, I don't want to do it, but I'm done trying."	
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