

Reflections – practice

1. *"I don't think you even try to help people. You have me jumping through so many hoops like you don't want to even help me. I hope you have to go through what I have to go through some day."*

2. *"I haven't worked in 10 years; I've pretty much quit drinking, for the most part, except for when I get really stressed."*

3. *"I was told that if I came here you would help me with transportation and give me a job."*

4. *"I don't have a problem getting along with people, other people have a problem with me."*

5. *"I want a job... but I can't survive if I lose my benefits."*

6. *"Weed calms me down and helps me pay attention. I do better on my tests at school when I'm stoned."*

7. *"That's easy for you – you don't live my life, you don't have my history, you don't know what it is like to be me."*

8. *"I was told that I have to come here or else I am not going to be eligible for any other services."*

9. *"Do you think that I don't want to get a job? Do you know how hard it is to for me to just get through the day with everything piled on me?"*

10. *"My last worker here was way more helpful than you are, do you even know how to do your job? There are all of these changes and I think I'm getting screwed over."*
