

Reflections – practice

1. *“They have me jumping through so many hoops and none of it makes sense. I don’t think they have any idea what my life is like.”*

2. *“I haven’t worked in 10 years; I’ve pretty much quit drinking, for the most part, except for when I get really stressed.”*

3. *“I was told that if I came here you would help me with transportation and get me a job.”*

4. *“I don’t have a problem getting along with people, other people have a problem with me.”*

5. *“I want a job, but I can’t survive if I lose any of my benefits.”*

6. *“How do you expect me to find a decent job when I don’t even have my GED? It’s not like I wouldn’t want to have a life. I’m tired of everyone thinking they know what’s best for me.”*

7. *“That’s easy for you – you don’t live my life, you haven’t been through what I’ve been through, you don’t know what it is like for me.”*

8. *“I was told that I have to come here or else I am not going to be eligible for any other services.”*

9. *“I don’t know what I want to do when I graduate. I don’t even know if I will graduate. Everyone is saying I should be talking to you, but I don’t know what I want... I don’t even want to be going to school.”*

10. *“My last worker here was way more helpful than you are, do you even know how to do your job? There are all of these changes and I think I’m getting screwed over.”*