## **MOTIVATIONAL INTERVIEWING**

## Strategic Reflections Practice

1.	"This is bullshit, I didn't even do anything."
 2.	"I told you, I am not on meth anymore. I know you all are going to find a way to screw me over."
3.	"Just tell me the very minimum I need to do so this shit will disappear."
4.	"I don't have a problem getting along with people, other people have a problem with me."
<u>5</u> .	"Why would I be honest when you're just going to use this against me."
6.	"It's easy for you – you don't live my life, you haven't been through the shit I've been through, you have no clue what it's like for me."
7.	"The whole system is set up to f—k me over and control my life."
<i>8.</i>	"I don't care if I get more charges, I'm done jumping through all your hoops"
9.	"I'm not stupid I know what I need to do. Everyone is freaking out, but I know how to deal with my life my way."
10	."All I want to do is get out and move on. But none of you are going to let that happen."
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