

MOTIVATIONAL INTERVIEWING

Strategic Reflections Practice

1. *"This is bullshit, I didn't even do anything."*

2. *"I told you, I am not on meth anymore. I know you all are going to find a way to screw me over."*

3. *"It's easy for you – you don't live my life, you don't live on the streets, you have no clue what it's like for me."*

4. *"I don't have a problem getting along with people, other people have a problem with me."*

5. *"I don't want an evaluation, I can tell you right now that I will not take medications."*

6. *"You people don't help, I have been through it all - what are you going to do that's any different?"*

7. *"It's not me, the housing staff are the crazy ones. It's all these f***ed up rules you guys throw on me when you should be dealing with your own f***ed up lives."*

8. *"I've been trying to stay clean, but I'm sure they're going to say my UA is dirty. I've smoked so much weed that it's always going to be positive. There's no point even trying."*

9. *"Sometimes I get so tired of everyone on me all the time telling me what to do, I just want to bail. There's a bridge right over there, I don't want to, but I'm tired trying."*

10. *"All I want to do is smoke my weed. Just go about your business and fix someone that needs fixing- there are plenty of them out here. I don't know why you're here buggin me."*