Turn Questions into Reflections

Why don't you want to work on some of those parenting goals we've talked about?
To school counselor: "Won't you let me work with that student, can't you see it would be most helpful to that family if we collaborated and worked together?"
Are you worried about people knowing about your mental health issues?
Are you even going to try?
Don't you get tired of fighting with your mom?
How is confronting that student going to get her to calm down?
How do you plan to stay clean if have no desire to get treatment?
Do you see why people might be concerned for your child?
To teacher: "Don't you want some feedback on how to handle this more effectively with this student?"
. Can you understand why it's important for your child to have a wellness check?

