

## Strategic Reflections Practice

1. *“My mom is the fucked up one, you should be dealing with all her shit. She is crazy and pushes me to do half the shit I do.”*

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2. *“It’s easy for you – you don’t live my life, you don’t live with my family, you have no clue what it’s like for me.”*

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3. *“It doesn’t matter what I do or what I say, they are all looking for a way to screw me over.”*

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4. *“I don’t have a problem getting along with people; other people have a problem with me.”*

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5. *“Weed helps me pay attention and I do better in school when I’m stoned.”*

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6. *“It’s bullshit. Half the time they say ‘You are part of our family’ and the next thing they say is ‘You’re outta here at 18 if you don’t do what we tell you to do.’ It’s all bullshit. They don’t love me, they just want to control me.”*

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7. *“You guys are fucking with my money... I did what I was supposed to, where is what’s owed me?”*

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8. *“That’s bullshit, you are not handling it right at all... you should’ve kicked his ass out of the program.”*

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9. *“I’m just stupid, period. That shit does not make sense. One teacher is terrible, doesn’t know how to teach, but I never know what half the teachers are talking about anyway.”*

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10. *“I thought you had my back? Why are you coming at me like that?”*

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