

Turn Questions into Reflections

1. Why don't you just talk with your PO and get this cleared up?

2. Did you have time to make those calls we talked about?

3. Are you worried about people knowing about your mental health issues?

4. Can you see that spending your money like that is not smart budgeting?

5. Don't you realize you are putting yourself at risk if you stay in this relationship, like he is dangerous?

6. Wouldn't you be less stressed if you had a stable income?

7. How do you plan to stay clean if don't want to get treatment?

8. Why is it so hard to just follow through on what you agreed to?

9. Don't you realize that we are just trying to help you?

10. Do you really like how this is playing out with your family?
