



## Strategic Reflections

*"It's that stupid teacher's fault. I didn't do anything wrong. She doesn't know how to teach and everyone in that class knows it... I've even heard other teachers say it."*

*Empathy*

*Direction/Change*

*"I agree that I probably need that program, and there are some parts of it I am interested in, but don't see why I have to go so many times a week."*

*Empathy*

*Direction/Change*

*"Are you kidding me! That is bullshit. You can put me in detention. I'm not going to show up for all of that crap. I'm not spending every day of my summer in a bunch of stupid classes."*

*Empathy*

*Direction/Change*

*"I guess those are some things I haven't thought about. I'm not saying I agree with you, or that I'm going to go to inpatient, but I'll think about what you said."*

*Empathy*

*Direction/Change*

*"I'm not super jacked about going to that family counseling thing. My mom and I have tried family counseling before and it didn't work. We just get pissed at each other."*

*Empathy*

*Direction/Change*

