

Turn Questions into Reflections

Why aren't you following through like you agreed to?
2. How do you expect me to hold her accountable when you lie to me about what she's doing at home?
3. Are you worried about kids knowing about your mental health issues?
4. Is this something you are willing to try?
5. Don't you get tired of fighting with your mom?
6. Wouldn't you be happier if you had a safe bed to sleep in every night?
7. How do you plan to stay clean if don't want to get treatment?
8. How is not making your appointments working out for you?
9. Don't you want to figure a way to help your son?
10. Did you have time to get your hours in like you promised?