FOCUS MOUNTAIN

Independence **Equality** Security Stability Growth

Authenticity Contribution

Wisdom Respect

Connectedness

Integrity **Autonomy**

> **Trust Peace Fairness**

Freedom Well-Being

Fulfillment Legacy

Accomplishment

WHAT/HOW

Stress Management Alcohol use SURVEY TREATMENT Nutrition DISCHARGE blood sugar depression **SMOKING** Relationships drug use Adult Children **Social Activities** Rehab Assessment **Family**

FINANCES

Dally Activity PT MENTAL HEALTH

Employment

Disability

Recovery Lifestyle Medicine ADDICTION Diabetes Smart Goals Parenting Heart Disease Anxiety WEIGHT LOSS Re-Admission cholesterol

Spirituality Disease Management Tx Plan

HOUSING suicidal

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