Reflections Practice

Small Group

"Smoking weed just relaxes me. I don't know why everyone keeps pushing me to quit. It's legal and it's natural. You seem so uptight, maybe you should try it sometime."

"It's easy for you to say - you don't have to deal with all of the crap being forced on me. No one seems to care what I want, they all just want to control my life."

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"I'm freaking out. I hope you know what you're talking about. I know if I talk to my Doc, she might change that med. Yeah, I will call the center and see if I can get in to talk with her."

"I'm tired of being the mule, I've got people saying you gotta be here... you gotta be there... you know, there is a bridge right over there. I don't want to do it, but I'm done trying."

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