

Turn the Question into a Reflection

1. Are you struggling with leaving your home and neighborhood?

2. Are you worried how you are going to pay all of your bills?

3. Do you think people will think you are old if you consider living in a retirement community?

4. Are you even going to think about it?

5. Do you realize that you would have more independence?

6. What are some of the challenges you are worried about when considering these options?

7. Why do you think I would push you into something that's not good for you?

8. What are some worries in your life right now?

9. Do you just wish that everyone would leave you alone?
