



Turn Questions into Reflections

1. How are you going to stay safe if you're always on the run?

2. Do you want to end up in the hospital?

3. Are you worried about people knowing about your mental health issues?

4. Is this something you are willing to try?

5. Do you understand that you are putting yourself at risk?

6. Don't you think you would be happier if you had a safe bed to sleep in every night and nobody stealing your stuff?

7. Can't you see that your substance use is causing the majority of the stressors in your life?

8. What will it take for you to realize these programs are designed to help you?

9. Have you noticed that the way you talk to people is causing part of the problem?
