



## Motivational Interviewing Competency Assessment (MICA) Training Online

### COURSE LEARNING OBJECTIVES

- Identify the process of coding and coaching with the MICA manual
- Analyze Motivational Interviewing Microskills & verbal interventions accurately
- Recognize demonstrations of Motivational Interviewing intentions & strategies
- Develop a tangible decision tree for using the MICA and the MICA report system

### DAY 1 (3 hours)

- Check-In/Agenda Mapping Overview of Coding Process
- Verbal Interventions and Microskills
- Activity: Practice with Audio Examples Feedback & Inner-Rater Reliability (repeat as needed for accuracy)

### DAY 2 (3 hours)

- Check-In/Debrief: Key Takeaways from Yesterday
- MICA Intentions In Depth Coverage
- Activity: Practice with Audio Examples Feedback & Inner-Rater Reliability (repeat as needed for accuracy)

### DAY 3 (3 hours)

- Check-In/Debrief: Key Takeaways from Yesterday MICA Strategies & In Depth Coverage
- Activity: Practice with Audio Examples Feedback & Inner-Rater Reliability (repeat as needed for accuracy)
- Homework Assigned of Independent Coding Between Now and Next Meeting

### DAY 4 (3 hours)

- Key Independent Successes & Opportunities for Improvement in Individual Coding
- Inner-Rater Reliability Check
- Coaching navigation of the homework audio
- Activity: Practice with Audio Examples Feedback & Inner-Rater Reliability Homework Assigned of Independent Coding Between Now and Next Meeting

### DAY 5 (3 hours)

- Key Independent Successes & Opportunities for Improvement in Individual Coding
- Inner-Rater Reliability Check
- Coaching navigation of the homework audio
- Activity: Practice with Audio Examples Feedback & Inner-Rater Reliability Advanced Coaching with the MICA MICA Resources