



**Motivational Interviewing Competency Assessment (MICA) Training In-Person**

**COURSE LEARNING OBJECTIVES**

- Identify the process of coding and coaching with the MICA manual
- Analyze Motivational Interviewing Microskills & verbal interventions accurately
- Recognize demonstrations of Motivational Interviewing intentions & strategies
- Develop a tangible decision tree for using the MICA and the MICA report system

**DAY 1**

**9:00 AM – 10:15 AM**

Check-In/Agenda Mapping  
 Overview of Coding Process  
 Verbal Interventions and Microskills

**10:15 AM - 10:30 AM**

**BREAK**

**10:30 AM – 12 PM**

Activity: Practice with Audio Examples  
 Feedback & Inner-Rater Reliability  
 (repeat as needed for accuracy)

**12:00 PM – 1 PM**

**LUNCH**

**1:00 PM – 2:45 PM**

Check-In/Debrief: Key Takeaways from  
 Yesterday  
 MICA Intentions In Depth Coverage

**2:45 PM – 3:00 PM**

**BREAK**

**3:00 PM – 4:00 PM**

Activity: Practice with Audio Examples  
 Feedback & Inner-Rater Reliability  
 (repeat as needed for accuracy)

**DAY 2**

**9:00 AM - 10:15 AM**

Check-In/Debrief: Key Takeaways from Yesterday  
 MICA Strategies & In Depth Coverage

**Activity: Practice with Audio Examples  
 Feedback & Inner-Rater Reliability**

**10:15 AM - 10:30 AM**

**BREAK**

**10:30 AM – 12:00 PM**

Repeat Activity & Feedback as needed for accuracy  
 Homework Assigned of Independent Coding  
 Between Now and Next Meeting

**12:00 PM – 1:00 PM**

**LUNCH**

**1:00 PM - 2:45 PM**

Key Independent Successes & Opportunities  
 for Improvement in Individual Coding  
 Inner-Rater Reliability Check  
 Coaching navigation of the homework audio

**2:45 PM – 3:00 PM**

**BREAK**

**3:00 PM – 4:00 PM**

Activity: Practice with Audio Examples  
 Feedback & Inner-Rater Reliability  
 Homework Assigned of Independent Coding  
 Between Now and Next Meeting

**DAY 3**

**9:00 AM - 10:15 AM**

Key Independent Successes & Opportunities  
 for Improvement in Individual Coding  
 Inner-Rater Reliability Check  
 Coaching navigation of the homework audio

**10:15 AM - 10:30 AM**

**BREAK**

**10:30 AM – 12:00 PM**

Activity: Practice with Audio Examples  
 Feedback & Inner-Rater Reliability

**12:00 PM – 1:00 PM**

**LUNCH**

**1:00 PM – 4:00 PM (1-2 Breaks TBD)**

Advanced Coaching with the MICA  
 MICA Resources