

# Turn Questions into Reflections

1. Why aren't you taking your medications?

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2. Did you have time to make those calls we talked about?

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3. Are you worried about people knowing about your mental health issues?

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4. Is this something you are willing to try?

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5. Don't you want to get cleaned up, get off the drugs, and get on with your life?

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6. Wouldn't you be happier if you had a safe bed to sleep in every night?

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7. How do you plan to stay clean if don't want to get treatment?

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8. Why is it so hard to just follow through on what you agreed to?

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9. Wouldn't you feel better about yourself if you put in more effort towards getting healthy?

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10. Do you really like the direction your life is heading?

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