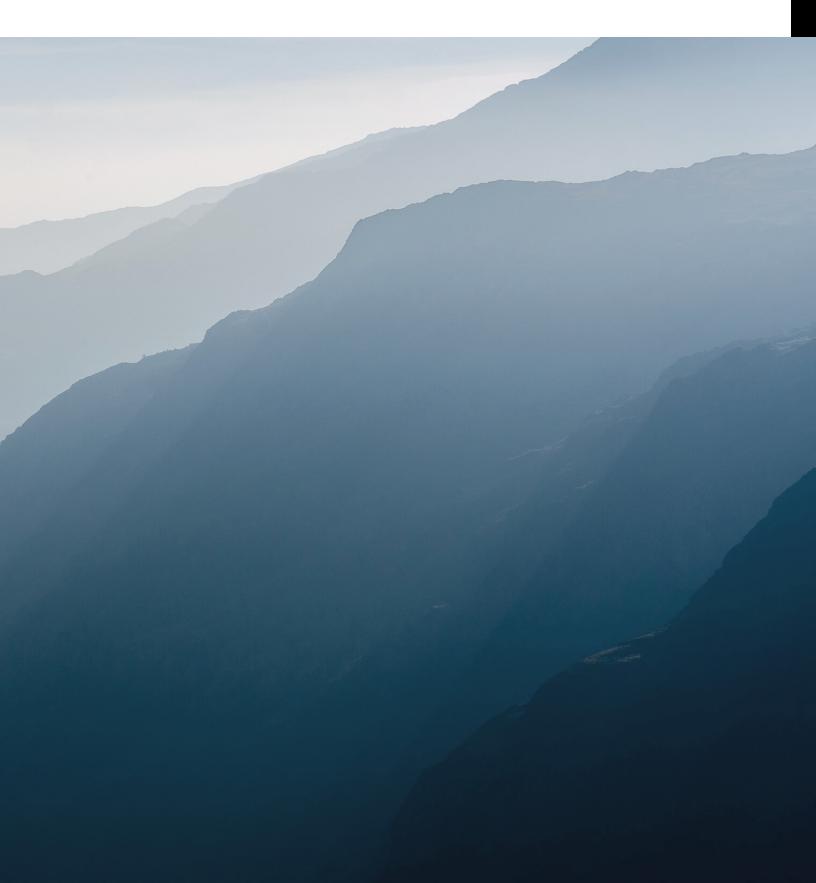
# Institute for Individual and Organizational Change

BY CASEY JACKSON



# TRAINING OPTIONS

#### TRAINING RATES VARY BY SIZE OF CLASS, SCOPE OF TRAINING AND SCALE. PRICING BEGINS AROUND \$250

#### CONTACT CASEY.JACKSON@IFIOC.COM TO CUSTOMIZE YOUR TRAINING PROGRAM

#### 1 DAY: • INTRODUCTION TO MOTIVATIONAL INTERVIEWING

- ADVANCED MOTIVATIONAL INTERVIEWING
- YEARLY REFRESHER OF MOTIVATIONAL
- 2 DAY: INTRODUCTION TO MOTIVATIONAL
  - INTERVIEWING
  - ADVANCED MOTIVATIONAL INTERVIEWING
  - YEARLY REFRESHER
- 4 DAY TRAINING 2 DAY INTRODUCTION TO MOTIVATIONAL
  - SERIES INTERVIEWING
    - 1 MONTH LATER: 1 DAY ADVANCED MOTIVATIONAL
       INTERVIEWING
    - 1 MONTH LATER: 1 DAY ADVANCED MOTIVATIONAL
       INTERVIEWING

# **Training topics**



Training is customizable, depending on needs.

#### **TOPICS**:

INTRODUCTION TO MOTIVATIONAL INTERVIEWING

- EVIDENCE BASED COMMUNICATION TO CREATE EFFECTIVE AND EFFICIENT CONVERSATIONS BY ALIGNING BEHAVIORS WITH VALUES
- GREAT FOR HEALTHCARE, LEADERSHIP, HUMAN RESOURCES, SOCIAL WORKERS
- ADVANCED GREATER DEPTH INTO CONCEPTS AND PRACTICE MOTIVATIONAL FOR EVIDENCE BASED COMMUNICATION SKILLS.
- SKILL BUILDING• ONLINE OR IN PERSON HOURLY OR HALF DAY SKILLPRACTICEBUILDING TO HELP PRACTICE MOTIVATIONALSESSIONSINTERVIEWING.
  - RECCOMENDED MONTHLY AS NEEDED

TRAINING

FOLLOW

UP/REFRESHER

• ONLINE OR IN PERSON TRAINING FOLLOW UP, TO RE-ENERGIZE PUTTING SKILL INTO EVERYDAY LIFE.

## **Training topics**



Training is customizable, depending on needs.

#### **TOPICS**:

MOTIVATIONAL INTERVIEWING AND TRAUMA INFORMED PRACTICE

- THIS TRAINING WILL BRIDGE THE CONCEPTS OF MOTIVATIONAL INTERVIEWING AND TRAUMA INFORMED CARE
  - GREAT FOR HEALTHCARE, SOCIAL WORKERS AND THE EDUCATION INDUSTRY

#### **ONLINE OPTIONS**

CLASSES:	<ul> <li>ALL THE CLASSES LISTED ABOVE ARE READY AND</li> </ul>
	AVAILABLE FOR ONLINE TRAINING
TIMING:	• TIMING FOR CLASSES VARY DEPENDING ON NEEDS.
	BUT WE'VE FOUND IT'S BEST TO TRAIN 2-3 HOURS A
	DAY FOR 3-5 DAYS.

## Online Membership 2 TIERS OF MEMBERSHIP



Want to provide your group with additional support after completing training? Online membership is geared towards helping refresh MI concepts, and then providing skill building opportunities whether as an individual or a group to practice. If your a leader trying to implement Motivaitonal Interviewing-this takes the guess work out of how to support your teams.

FREE! THIS MEMBERSHIP LEVEL PROVIDES GREAT PODCASTS ON
 MEMBERSHIP
 MOTIVATIONAL INTERVIEWING AND COMMUNICATION TOPICS,
 NEWSLETTERS, HANDOUTS

- EXCLUSIVE GOLD THIS MEMBERSHIP IS PERFECT FOR THOSE THAT WANT TO EXCEL. MEMBERSHIP THIS LEVEL IS ALL ABOUT BUILDING YOUR SKILL. THERE ARE OPPORTUNITIES TO HEAR PROFICIENT MI BASED CONVERSATIONS IN THE MICA (MOTIVATIONAL INTERVIEWING COMPETENCY ASSESSMENT), WATCH CASEY COACH SOMEONE HOW TO TAKE THEIR SKILLS TO THE NEXT LEVEL. DO GROUP SKILL BUILDING PRACTICE WITH THE IFIOC TEAM. ACCESS CASEY ONCE A MONTH FOR Q & A, TRAINING VIDEOS AND MUCH MORE!
- AGENCY MEMBERSHIP DO YOU WANT TO HELP YOUR TEAMS CONTINUE LEARNING AFTER TRAINING? ASK ABOUT OUR AGENCY MEMBERSHIP, SO THE LEARNING AND CONTINUE! INCLUDES MONTHLY WEBCAST WITH discount for 10 or more memberships!\*\*\*

## Additional Classes through IFIOC



Optional Classes vary and are offered online and in person. See training calendar at ifioc.com for pricing and more details

#### **TOPICS**:

ADVANCED	3 FULL DAYS
IMMERSION	Q & A
COURSE	REAL IN PERSON/PHONE PRACTICE AND FEEDBACK
•	REFRESHER
•	OFFERED 2X A YEAR
CODING AND	IN PERSON AND ONLINE CLASS
COACHING	MOTIVATIONAL INTERVIEWING COMPETENCY
	ASSESSMENT
•	LEARN TO CODE MI TO FIDELITY

SUPERVISOR

• ONLINE OR IN PERSON

SUPPORT SERIES • MONTHLY SUPPORT FOR 6 MONTHS

 COLLABORATE WITH CASEY AND GROUP ON CHALLENGES

# Additional Training topics that can be included in IFIOC's trainings

#### **Conflict Resolution**

- Identifying Communication Styles
- Fundamental Communication tools for handling crucial conversations
- Identifying Individual approaches to handling conflict

## <u>Leadership Training</u>

- Self-awareness
- Interpersonal relationships
- Influence
- Leadership during times of change
- Leading with vision and purpose (aligning with vision, mission, and values)
- Building Effective teams

- Strategy and strategic thinking
- Working with uncertainty/ambiguity
- Decision-making skills (aligning with vision, mission, and values)
- Mentoring and developing talent
- Successful succession planning
- Effectively giving and receiving feedback
- Handling conflict as a supervisor/manager

## <u>Civility in the Workplace Training</u>

- Establishing expectations of courtesy and respect
- Practical tools for creating respectful and equitable work environments
- Extensive skill-based training for effective interpersonal communication
- Conflict resolution
- Anger management recognition

## **Effective Communication and Training and Coaching**

- Employee coaching to improve interactive communication skills
- Managing employee conflict

- Understanding individual communication styles
- Adapting to the communication styles of others