



## Turn Questions into Reflections

*Take these as questions that you want to ask a participant, but you are not allowed to actually ask the question*

*– it has to be turned into a strategic reflection. Think about what you are trying to get to with the question, and reframe it as a thought the participant may be having.*

1. Don't you want to get cleaned up, get off the drugs, and get on with your life?

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2. Do you like the way your life is heading?

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3. Are you worried about people knowing about your mental health issues?

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4. Are you even going to try?

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5. Do you understand that you have to put in more effort on your part?

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6. How do you plan to stay clean if have no desire to get treatment?

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7. Why is it so hard to just follow through on what you agreed to?

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8. What else do you expect me to do at this point?

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9. Aren't you worried at all about the potential consequences for you?

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10. Wouldn't you feel better about yourself if you put in more effort?

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