

Motivational Interviewing

Reflections – practice

1. *“My dream job is to be an audio tech” (He has tried in the past and quit because he couldn’t do it).*

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2. *“I haven’t worked in 10 years; I am not drinking any more but I did have a couple of drinks 2 months ago.”*

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3. *“I was told that if I came here you would help me with transportation while I attend College.”*

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4. *“I don’t have a problem getting along with people, other people have a problem with me.”*

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5. *“I want a job but if it doesn’t work out I need something to fall back on.”*

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6. *“I’ve been waiting for employment services to help me. I don’t think any of this works. Have you got anyone a job?”*

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7. *“That’s easy for you – you don’t live my life, you don’t have my disability, you don’t know what it is like to be me.”*

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8. *“I just want a computer.”*

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9. *“What are you going to do for me?”*

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10. *“My last caseworker here was not helpful at all. I had to do all of this stupid testing and answer a bunch of retarded questions. When will you guys get it that I just want a job.”*

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