FOCUS MOUNTAIN

Independence **Equality** Security Stability Growth

Authenticity Contribution

Respect Wisdom

Connectedness

Integrity Autonomy

> **Trust** Peace Fairness

Freedom Well-Being

Fulfillment Legacy

Accomplishment

WHAT/HOW

Alcohol use CHILDREN Stress Management TREATMENT Nutrition depression SMOKING Relationships drug use **Social Activities** Rehab Assessment **Family** Recovery

FINANCES

Daily Activity Lifestyle Medicine ADDICTION Diabetes

MENTAL HEALTH **Employment**

Disability

Resources Parenting Heart Disease Anxiety WEIGHT LOSS Re-Admission cholesterol Spirituality Disease Management Tx Plan

HOUSING suicidal

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