

Turn Questions into Reflections

1. Why aren't you taking your medications?

2. Did you have time to make those calls we talked about?

3. Are you worried about people knowing about your mental health issues?

4. Is this something you are willing to try?

5. Don't you get tired of fighting with your mom?

6. Wouldn't you be happier if you had a safe bed to sleep in every night?

7. How do you plan to stay clean if don't want to get treatment?

8. How is not making your appointments working out for you?

9. Don't you want to figure a way to help your son?

10. Do you really like the direction your life is heading?
