

Cues for Responding

	AUTONOMY	PARTNERSHIP	EVOCATION	GUIDING	EMPATHY
OPEN QUESTION	Tell me how it would look if you resolved this perfectly for yourself.	How can we best work together to figure this out?	What ideas do you have about this situation?	What would this look like if everything was resolved?	What are people not understanding about how this has impacted you?
REFLECTION	You know this is ultimately your life, and you get to choose how you want to manage this.	Your best-case scenario is to work with someone knowledgeable who can help you move forward.	You have some thoughts about what your next steps could be.	Your financial situation is important to you and you want to find ways to get it all lined up.	It's emotionally devastating, and people don't understand that this is taking a toll on you every single day.
AFFIRMATION	You've made steps you never thought you could, because there is a fire inside you that is determined to make this work.	Looking outside yourself for support has paid off and you want to access the right resources to keep improving.	You realize you have had some exceptional ideas, and there are other ones you are thinking you may want to pursue.	You have never waived from supporting your family, that is who you are. And now you are considering your next steps.	You have found a strength in yourself that no one else could see and are feeling more emotionally solid than ever before.
SUMMARY	YOU made the decision to take it on, you made the decision to push through the hardest part, and now here you are owning the success you achieved.	Together we discussed your options, then we created an action plan, and now you're planning to communicate it with the key players.	You identified the biggest barrier, you gathered some information about how it affects you and you options... what is your best case scenario from here?	Your children have been your priority, and your job is important to you because of the financial stability it provides, so you've decided you want to regain your life by pursuing treatment.	It was crushing to you because they didn't respect you, and that hurt for a really long time. Even months later it felt like it would never end. Now you're feeling a sense of freedom and relief, even some joy, that you have maintained such healthy boundaries.